

Please find below tasks for over summer for new starters.

Task 1,

Make a record of what media forms you have interact with, this could be as simple as if you went on a specific media source (e.g. netflix, tiktok, snapchat etc) you could go further and list the quantity of time spent on it (Roughly don't use a stopwatch). You could go even further to list the sorts of content that is being suggested/ shown to you. (This will help you to comprise your Media diet)

Task 2,

Read 1 newspaper a week (where possible) it specifically must be a printed paper nothing digital. It doesn't matter which paper, how long etc, simply read the paper. If this is something you may struggle with instead watch one hour episode of breakfast news per week as with the news paper it does not matter which channel.

If you wish to take this a step further, create a reaction to what you have read/watched, this could be written or audio recorded. At this stage please no visual recordings and no other participants in the audio recordings.