

Doom and Gloom Spectacles

Magnifying Glasses

Make Believe Glasses

Fortune Telling Spectacles

Mind Reading Goggles

I am Useless Glasses

I Can't Specs

When I go to school today I hope it doesn't rain, if it rains my shoes will squeak, then I will fall over, and hit my head. And Die.

I am going to fail this exam, I probably won't pass any exams.

My shoe laces aren't the same, the whole day has been ruined.

My friends thinks that I am not cool, no one thinks I am cool.

Everyone thinks I am stupid.

Nothing good ever happens to me.

I must get A*s in all my GCSEs. Nothing less will do.

I should be better at this.

He's good, I am bad.

Nothing I ever do will be any good.

I am not going to do that, I will show myself up.

If I go to the cinema, I will fall over and everyone will see me fall over.

Everyone will think I am stupid and hate me.

I am better off staying in, no one will miss me or notice I'm not there.

I don't deserve nice things.

If I think it will happen, it will happen.

I'll make bad things happen if I don't think about them all the time.